



# Curriculum Matrix

Daily Living Skills	1. Managing Personal Finances	1. Count money and make correct change	2. Make responsible expenditures	3. Keep financial records	4. Calculate & pay taxes	5. Use credit responsibly	6. Use banking services
	2. Selecting & Managing a Household	7. Select adequate housing	8. Set up a household	9. Maintain home exterior and interior	10. Use appliances and tools		
	3. Caring for Personal Needs	11. Obtain, interpret and understand health information	12. Demonstrate knowledge of physical fitness, nutrition, and weight	13. Exhibit proper grooming and hygiene	14. Dress appropriately	15. Demonstrate knowledge of common illness, prevention and treatment	16. Practice personal safety
	4. Demonstrating Relationship Responsibilities	17. Understand relationship roles and changes with friends and others	18. Understand relationship roles and changes with family	19. Demonstrate care of children			
	5. Buying, Preparing, and Consuming Food	20. Plan and eat balanced meals	21. Purchase food	22. Store food	23. Clean food preparation areas	24. Preparing meals and cleaning up after dining	25. Demonstrate appropriate eating habits
	6. Buying and Caring for Clothing	26. Wash & clean clothing	27. Purchase clothing	28. Iron, mend, and store clothing			
	7. Exhibiting Responsible Citizenship	29. Demonstrate knowledge of civil rights and responsibilities	30. Know nature of local, state, and federal governments	31. Demonstrate knowledge of the law and ability to follow the law	32. Demonstrate knowledge of citizen rights and responsibilities		
	8. Utilizing Recreational Facilities and Engaging in Leisure	33. Demonstrate knowledge of available community resources	34. Choose and plan recreational activities	35. Demonstrate knowledge of the value of recreation	36. Engage in group and individual activities	37. Plan vacation time	
	9. Choosing and Accessing Transportation	38. Demonstrate knowledge of traffic rules and safety	39. Demonstrate knowledge and use of various means of transportation	40. Getting around the community	41. Drive a car		
Self Determination and Interpersonal Skills	10. Understanding Self-Determination	42. Understand personal responsibility	43. Identify and understand motivation	44. Anticipate consequences to choices	45. Communicate needs		
	11. Being Self-Aware	46. Understand personal characteristics and roles	47. Identify Needs: physical, emotional, social, and educational	48. Identify Preferences: physical, emotional, social, and educational	49. Describe others perception of self	50. Demonstrate awareness of how one's behavior affects others	
	12. Developing Interpersonal Skills	51. Demonstrate listening and responding skills	52. Establish and maintain close relationships	53. Make and maintain friendships	54. Develop and demonstrate appropriate behavior	55. Accept and give praise and criticism	
	13. Communicating With Others	56. Communicate with understanding	57. Know subtleties of communication	58. Assertive and effective communication	59. Recognize and respond to emergency situations		
	14. Good Decision Making	60. Problem-Solving	61. Identify and set goals	62. Develop plans and attain goals	63. Self-evaluation and feedback	64. Adjust and learn from outcomes	
	15. Developing Social Awareness	65. Develop respect for the rights and properties of others	66. Recognize authority and follow instructions	67. Demonstrate appropriate behavior in public settings	68. Understand the motivations of others		
	16. Understanding Disability Rights and Responsibilities	69. Identify and understand disability rights and responsibilities	70. Identify and appropriately access needed services and supports				
Employment Skills	17. Knowing and Exploring Employment Possibilities	71. Identify personal values met through work	72. Identify societal values met through work	73. Identify remunerative aspects of work	74. Locate sources of employment and training information	75. Classify jobs into employment categories	76. Investigate local employment and training opportunities
	18. Exploring Employment Choices	77. Identify major employment interests	78. Identify employment aptitudes	79. Investigate realistic employment choices	80. Identify requirements of desired and available employment	81. Identify major employment needs	
	19. Seeking, Securing, and Maintaining Employment	82. Search for a job	83. Apply for a job	84. Interview for a job	85. Solve job related problems	86. Functions of meeting and exceeding job standards	87. Maintain and advance in employment
	20. Exhibiting Appropriate Employment Skills	88. Follow directions and observe regulations	89. Recognize importance of attendance and punctuality	90. Recognize importance of supervision	91. Demonstrate knowledge of work place safety	92. Work with others	93. Meet demands for quality work

